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SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: PRINCIPLES AND APPLICATION OF LEARNING THEORY PT.II

Code No: CCW 231-3

Program: CHILD AND YOUTH WORKER

Semester: FOURTH

Date: JANUARY 1993

Author: GERRY PAGE

New  Revision

APPROVED: *L. DiPasqua*  
DEAN

DATE: Jan. 7/93

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Principles & Applications of Learning Theory (Part II)

(CCW 231-3)

Instructor: Gerry Page

Office: Rm. E-3222

Phone: 759-6774 Ext.555, 541, 515

Meeting Times: See office door for schedule.

PREREQUISITE:

Principles & Application of Learning Theory (Part I) (CCW 218-3)

COURSE DESCRIPTION:

This course is a continuation of Principles and Application of Learning Theory Part I. Techniques in applied behaviour analysis will be studied in detail. Students will learn how to assess, develop a behavioural treatment strategy, implement behavioural treatment strategies and monitor behaviour.

COURSE GOALS:

Upon completion of the course the student will demonstrate the following:

1. Be familiar with the basic principles of learning, specifically operant and classical conditioning.
2. Become familiar with recent literature in behaviour modification/behaviour therapy.
3. Demonstrate an understanding of the methods used in assessing and measuring behaviour.
4. Ability to apply the principles of learning in practical situations, especially with regards to Child and Youth Work.
5. Develop an awareness of how the experimental analysis of behaviour is contributing to the analysis and amelioration of a broad range of behavioural concerns.
6. Understand the legal and ethical considerations for administering behavioural programs.
7. This course will satisfy many of the competencies in the "Child Care Work Methodology" section of the C.C.W. Provincial Guidelines.



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Principles & Application of Learning Theory (Part II) (CCW 231-3)  
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LEARNING RESOURCES:

1. Required texts:

a) Martin, G. and Pear, J. (1983) Behaviour Modification: What it is and How to Do IT, (4th ed.) Prentice-Hall, 1992.

b) Krumboltz, H.B. (1972) Changing Children's Behaviour.  
Prentice-Hall

2. All students are expected to become familiar with the resource material pertaining to this area of study. Of special interest are the journals in the L.R.C. Get to know them. Also in the L.R.C. are a variety of reference texts on behaviour modification/behaviour therapy.

3. Audio-visual material will also be used in conjunction with the above.

SYLLABUS:

Week I: Review "Defining behaviour in operational terms"  
(Ch.1)

Week II: Review of assessment techniques and methods for  
measuring behaviour. (Ch. 18-19)  
Graphing behaviour.

Week III: Short-cut tactics with stimulus control: Instruction,  
Modelling, Guidance, and Situational Inducement  
(Ch. 16)

Week IV: Review  
Quiz #1 on Chapters 1, 16, 18, 19,

Week V: Punishment Theory (Ch. 13)  
Legal and moral issues  
Types of punishment  
Factors influencing punishment

Week VI: Alternatives for Decreasing Behaviour (Ch. 17)  
Overcorrection methods, reprimands, situational  
inducement, habit reversal, modelling, instruction  
time out procedures

Week VII: Conditioned reinforcement (Ch. 10)  
Token Economy (Ch. 22)

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Principles and Application of Learning Theory (Part II)  
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Week VIII: Quiz #2 on Chapters 10, 13, 17, 22

IX Developing Self Control (Ch. 23)  
Causes of self control problems  
Behavioural (Contingency) Contracts

Week X: Systematic Self-Desensitization (Ch. 24)  
Deep muscle relaxation

Week XI: Cognitive Behaviour Modification (Ch. 25)  
R.E.T., Cognitive Therapy, Thought Stopping

Week XII: Quiz #3 (Ch. 23, 24, 25)  
Stimulus/Response Generalization (Ch. 12)

Week XIII: Areas of Clinical Behaviour Therapy (Ch. 26)

Week XIV: Doing Research in Behaviour Modification (Ch. 20)

Week XV: Review

Week XVI: Quiz #4 on Chapters 12, 26, 20,

#### EVALUATION:

Students will be expected to be in attendance and act as a participant in the classroom. Students will be graded as follows:

- |   |         |              |
|---|---------|--------------|
| 1. Quizzes  | 4 X 50  | = 200 points |
| 2. Journal Summary due March 5/93                   |         | = 25 points  |
| 3. Self-Change Project (see Ch.23) due April 2nd    |         | = 75 points  |
| Outline will be handed out by the end of January/93 | (Total) | = 300 points |

Note: The faculty reserves the right in extreme situations to alter course material and or grading as deemed necessary.

#### **Special Notes:**

Students with special needs (e.g. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor as soon as possible.